



About Your Examination

A speculum examination, similar to that used when you have pap a smear, is often performed. We may also perform a catheterization of the bladder in order to determine how well you empty to make sure there is no infection. We may also put water into the bladder. This uses a very small catheter and takes less than a minute. We may also examine your urethra with a small cotton swab. Many bladder problems are related to injury to the bladder nerves. We may perform a test on your bladder nerves. This involves tapping on the skin over the clitoris. Tiny EKG type pads sense this tapping and measure bladder nerve health. Most patients report no or minimal discomfort. We may also perform a vaginal and rectal exam. During your examination you may be asked to cough or bear down. If abnormalities are noticed, we may take photographs of such. The entire examination typically takes under five minutes.

What we do not do

We do not practice general gynecology. We do not perform breast exams or routine pap smears. We recommend that you seek the care of a general gynecologist, family practitioner or internist for these services.

Patients Signature

Date

Witness Signature

Date